

## Keeping yourself ticking over during the spring and summer

Now's the time to get all your long awaited home projects started. These could be anything from painting the exterior of the house, decorating inside, sorting leaking taps, gardening alterations, fitting new outside security lights, cleaning and disinfecting green houses and of course cutting grass. I am sure these are only a few examples!

Then again you could go pigeon shooting, tough decision eh!

Locally, we have an abundance of these delightfully tasty birds and the farmers will be patting you on the back when you trudge off the barley field with a game bag overflowing with them. As we all know right time and right place is vitally important. Luckily for me I had some expert help in that department and had also done my homework the night before casting my eyes over an old Archie Coats book - don't worry if you haven't seen that name before because it means that you are of tender years!



Pigeon fillets plain and simple

Pigeon shooting may look easy and I have no doubt that some will make it look that way. I guess its experience and what you put into it that matters. I got the impression that even a blink of an eye would divert some of them away from the decoys. However, when you get the hide right and when you remain motionless and calm you can see the difference and connect with the birds coming in, sometimes having the chance of a right and left.

Needless to say I have added several sealed packs to my freezer compartment.

Trying various cooking methods with goose fillets can sometimes produce surprising results although the age of the bird can usually dictate that. Whatever method is chosen it's still slightly tough, luckily for me I have all my own teeth so that helps! Slicing the fillet in half to reduce the thickness and cooking time can also benefit, also is eating it fairly rare. A slow cooker has been mentioned by a few of our members so keep on experimenting.



The BASC Interclub shoot on Sunday 2<sup>nd</sup> June is fast approaching so don't leave it too late before showing your interest to our Chairman. At present we have 3 definite participants but require 2 more. Good luck with all your home tasks that's all for now I must finish here as I've received a text - something to do with 'the pigeons are eating my barley again!'

JM Secretary